



Mayor William Beardall Senior Center JUNE 2012

EASY ACCESS FROM LYNX BUS #3, 7, 11, & 18 • 800 DELANEY AVENUE • ORLANDO, FL 32801 • 407.246.4440

ACTIVITIES

Bridge Class

Wednesdays, 12:30 – 2 p.m.

Bridge is a game that was invented over 100 years ago, if you ever think you have mastered it, you then learn a new move and new challenges by joining Irene Singer as she teaches every Wednesday from 12:30 – 2 p.m. FREE

Casino Day

Monday, June 4, 2012, 2 – 4 p.m.

Family Physician's Group and Medicare Benefit Consultant Lissandra Salazar sponsor a free day of casino games and refreshments.

Father's Day Ice Cream Social

Monday, June 18, 2012, 2 – 4 p.m.

Enjoy a free variety of sweet sensations and refreshments, provided by Vitas Innovative Hospice Care and entertainment by the Silver Tones. Please sign up at the front desk if you plan to attend.

Birthday Party

Monday, June 25, 2012, 2 – 3 p.m.

All are invited (those with birthdays and those without). Cake and drink sponsored by Family Physician's Group. Please sign up at the front desk or call 407.246.4440 and let us know if your birthday is in June.

Bingo

Thursday, June 28, 2012, 12:30 – 3 p.m.

Come out and join us for prizes. Play with a variety of cards, and as many as you can, while the Bingo numbers are called and a selection of prizes offered sponsored by Covenant on the Lakes, and CarePlus Health Plans. For more information, please call 407.246.4440.

Daytrip

Friday, June 29, 2012, 8:30 a.m. – 2:30 p.m.

Join us on a field trip to Titanic-The Experience.

Journey back into time to 1912 and relive the Titanic's maiden voyage. Enjoy the 20,000 square foot interactive museum, guided by trained actors in period dress portraying actual Titanic notables. Prior to the tour, the bus will transport everyone to the Sizzler for all you can eat breakfast. The cost of \$38 includes tour/museum, breakfast and transportation. Bus will leave Beardall at 8:30 a.m. and return approximately 2:30 p.m. Anyone needing special accommodations should advise staff upon payment. Deadline for payment is June 22, 2012 or when the bus is full.

UPCOMING JULY EVENTS

July 16, Patriotic Ice Cream Social

July 27, Space Walk of Fame Museum

ASSISTANCE

Health checks

Thursday, June 21, 2012, 9 – 11 a.m.

Take advantage of our health checks. Blood pressure, blood sugar and **balance testing** by Conway Lakes Health & Rehab Center.

DANCES

7:30 – 10 p.m, Admission \$4 (unless otherwise noted)

Wednesday

June 27 – Orlando Swing Band

Thursday

June 7 – Hudson Bay

14 – Tony Santos

21 – Tom Hansen

28 – Tom Hansen

Saturday

June 2 – Armand Marchesano

9 – Nick Viscuso on the Keyboard

16 – Armand Marchesano

23 – Nick Viscuso on the Keyboard

DAILY ACTIVITIES

Monday

9:00 a.m.	Horseshoe Club Crochet and Knit Group Intermediate Tai Chi	\$10.50/\$15.00
10:00 a.m.	Card Group	
10:00 a.m.	Josie's Exercise Class	
11:30 a.m.	Laughter Yoga	
11:30 a.m.	Steppers Practice	
1:00 p.m.	Scrabble Group Silvertones Practice	
5:30 p.m.	Line Dance	

Tuesday

9:00 a.m.	Spanish (beginning)	\$63.00
9:30 a.m.	Decorative Art Pinochle Quilting	
10:00 a.m.	Line Dance	
10:00 a.m.	Mah Jongg Group Spanish (intermediate)	\$63.00
12:00 p.m.	Card Group Bridge Widowed Friends of FI (2nd Tues)	
12:30 p.m.	SHINE-Insurance Help (1st Tues)	
1:00 p.m.	Silk Painting (Studio Arts)	\$28/\$31.50
5:00 p.m.	Technology Class	\$45
6:30 p.m.	Ballroom Dance Class	\$48.00

Wednesday

9:00 a.m.	Horseshoe Club Sewing Josie's Exercise Class Beginning Tai Chi	\$6 \$10.50/\$15.00
10:00 a.m.	Line Dance (intermediate)	

12:00 p.m.	Bridge	
12:30 p.m.	Round Dance Lessons Bridge Class Sewing	\$6
1:30 p.m.	Widowed Persons Support Group (1st & 3rd Wed)	
7:30 p.m.	Orlando Swing Band practice	

Thursday

9:00 a.m.	Advanced Tai Chi	\$10.50/\$15.00
9:30 a.m.	Quilting Bee Pinochle Group Italian (beginning)	\$63.00
10:00 a.m.	Seniors vs. Crime (by appointment only)	
10:00 a.m.	Line Dance (beginning)	
6:30 p.m.	Clogging	\$3.00
7:30 p.m.	Ballroom Dance	\$4.00

Friday

9:00 a.m.	Horseshoe Club REALM Card Group	
9:15 a.m.	Yoga	\$5.00
9:30 a.m.	Creative Writing Group	
11:30 a.m.	Bridge Party	

Saturday

9:00 a.m.	Studio Art Class	\$28/\$31.50
9:30 a.m.	Tai Chi Practice	
10:00 a.m.	AARP Driver Safety Program (2nd & last)	\$12.00
7:30 p.m.	Ballroom Dance	\$4.00

MONTHLY CLUB MEETINGS

Artist League of Orange County

3rd Saturdays, 1:30 p.m.

American Needlepoint Guild

3rd Mondays, 12:30 p.m.

A T & T Pioneers

4th Thursdays, 9 a.m.

Central Florida African Violet Society

3rd Wednesdays, 10 a.m.

Central Florida Art

2nd Wednesdays, 7 p.m.

Central Florida Brain Injury Support Group

3rd Wednesdays, 7 p.m.

Central Florida Council Boy Scouts of America

1st and 2nd Thursdays, 7 p.m.

Cherokee Place Condo Homeowners Association

Schedule varies

Embroiderer's Guild of America

Schedule varies

Florida Marine Historical & Archeological Society

4th Tuesdays every other month, 7:30 p.m.

French Club

Thursdays, 6 p.m.

Greater Orlando Orchid Society

3rd Tuesdays, 7 p.m. and 4th Mondays, 6:30 p.m.

Heart of Florida African Violet Society

1st Mondays, 7 p.m.

National Alliance of Mental Illness Greater Orlando

3rd Mondays, 6:30 p.m.

National Association of Retired Federal Employees

1st Mondays, 1 p.m.

Orange County Retired Educators

2nd and 3rd Mondays, 9:30 a.m.

Orlando Amateur Radio Club

1st Wednesdays, 5:30 p.m.

ADDITIONAL INFORMATION

AARP Driver Safety Program

2nd and last Saturday of each month. Cost: \$12 (members) and \$14 (non-members). Class is all day - bring a lunch. Make checks or money orders payable to AARP, no cash is accepted. Certificate of completion is good for a possible car insurance discount - renewable every 3 years. Call 407.246.4440 to reserve a seat in the class.

Billiards and Exercise Room Operating Hours:

Monday 8 a.m. til 9 p.m.
Tuesday-Thursday 8 a.m. til 10 p.m.
Friday 8 a.m. til 5 p.m.
Saturday 9 a.m. til 10 p.m.
Sunday Closed

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