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# L. Claudia Allen Senior Center JULY & AUGUST 2011

## SPECIAL EVENTS & ACTIVITIES

### Dixie Crossroad Field Trip

*Thursday, July 21, 2011*

*10:00 a.m. – 4 p.m.*

### Senior Summer Banquet

*Saturday, July 30, 2011*

*6 – 9 p.m.*

Cost: Free (Seniors Only – Age 55 and up)

R.S.V.P. by Friday, July 22

### 3rd Annual LCA Pool Tournament

*Wednesday, August 3, 2011*

*8 a.m. – 4 p.m.*

Cost: Free (Seniors Only – Age 55 and up)

### 6th Annual Bid Whist Tournament

*Saturday, August 27, 2011*

*12 – 6 p.m.*

Registration Fee: \$20.00 for Singles  
\$30.00 for Couples

Registration Deadline: Tuesday, August 23

## BREAKFAST CLUB

*Thursday, July 28, 2011*

*Thursday, August 25, 2011*

*9:30 – 10:30 a.m.*

## COMMUNITY EVENTS

### Johnson H/O Assoc.

Thursday, July 7, 2011

Thursday, August 4, 2011

### Washington Shores H/O Assoc.

Monday, July 11, 2011

Monday, August 8, 2011

### Advisory Council Meeting

Tuesday, July 19, 2011

Tuesday, August 16, 2011

## Prom King and Queen 2011



Bettye Gill and Leroy Munfus

# DAILY ACTIVITIES

## MONDAY

Aerobic Fitness & Body Toning . . . . . 9a.m. - 10a.m.  
Senior First Program . . . . . 9a.m. - 12:30p.m.  
Computer Lab . . . . . 9a.m. - 5:30p.m.  
Let's get fit . . . . . 9a.m. - 5:30p.m.  
Old School Shooters (Billiards) . . . . 10a.m. - 5:30p.m.  
Uno Card Game . . . . . 11a.m. - 11:30a.m.  
Beginner Computer Class . . . . . TBA

## TUESDAY

Senior First Program . . . . . 9a.m. - 12:30p.m.  
Computer Lab . . . . . 9a.m. - 5:30p.m.  
Let's get fit . . . . . 9a.m. - 5:30p.m.  
Shine Program (Every 2nd Tues) . . . . . 10a.m - 1p.m.  
Old School Shooters (Billiards) . . . . 10a.m. - 5:30p.m.  
Beginner & Leisure Sewing . . . . . 10a.m. - 1p.m.  
Zumba Fitness Class. . . . .  
. . . . . 9 a.m. - 10 a.m. & 10 a.m. - 11a.m.  
Water Aerobics (Smith Center) . . . . 10a.m. - 11:00a.m.

**Note: Must attend a LCA program.**

Bingo . . . . . 10a.m. - 11:30a.m.  
Bid Whist Club (Card Game). . . . . 1p.m. - 5p.m.  
Ceramics Class . . . . . 1p.m. - 3p.m.

## WEDNESDAY

Senior First Program. . . . . 9a.m. - 12:30p.m.  
Aerobic Fitness & Body Toning . . . . . 9a.m. - 10a.m.  
Senior Strikers(Bowling, 1st & 3rd Wed.) 9a.m. - 2p.m.  
Movies (Every 2nd Wednesday) . 9:30a.m. - 11:30p.m.  
UNO (a card game) . . . . . 10a.m. - 11a.m.  
Let's get fit . . . . . 10a.m. - 5:30p.m.  
Old School Shooters (Billiards) . . . . 10a.m. - 5:30p.m.  
Tia-Chi and Social Dance Class. . . . . 1p.m. - 3p.m.  
Advanced Computer Class . . . . . TBA

## THURSDAY

Senior First Program. . . . . 9a.m. - 12:30p.m.  
Let's get fit . . . . . 9a.m. - 5:30p.m.  
Computer Lab. . . . . 9a.m. - 11a.m.  
Zumba Fitness Class. . . . .  
. . . . . 9a.m. - 10a.m. & 10a.m. - 11a.m.  
Water Aerobics (Smith Center) . . . . 10a.m. - 11:00a.m.

**Note: Must attend a LCA program.**

Old School Shooters (Billiards). . . . 10a.m. - 5:30p.m.  
R.S.V.P. . . . . 1p.m. - 3p.m.  
Bid Whist Club (Card Game). . . . . 1p.m. - 5p.m.

## FRIDAY

Fishing (Every 3rd Friday) . . . . . 7a.m. - 3p.m  
Senior First Program . . . . . 9a.m. - 12:30p.m.  
Let's get fit . . . . . 9a.m. - 5:30p.m.  
Doo-Whop Birthday Party  
(Last Friday of each Quarter) . . . 9:30a.m. - 11:00a.m.  
Legal Aid (Appt. Only) . . . . . 10a.m. - 12p.m.  
Old School Shooters (Billiards) . . . . 10a.m. - 5:30p.m.  
Bridge Club . . . . . 11a.m. - 4p.m.  
Uno Card Game . . . . . 10a.m. - 11a.m.  
Reverse Mortgage Seminars  
(2nd Friday) . . . . . 11a.m. - 12p.m.  
Computer Lab . . . . . 12p.m. - 5:30p.m.  
Tia-Chi and Social Dance Class . . . . . 1p.m. - 3p.m.

## SATURDAY

Bid Whist Club  
(Card Game) . . . . . 1p.m. - 5p.m.

# IMPORTANT INFORMATION

**Park Hours:** 7 a.m. - 9 p.m.

**Recreation Hours:**

Monday - Friday 9 a.m. - 6 p.m.

Saturday 12 p.m. - 6 p.m.

Sunday - Closed

**Contact Information:**

L. Claudia Allen Senior Center  
1840 Mable Butler Avenue  
Orlando, FL 32805  
[www.cityoforlando.net/fpr](http://www.cityoforlando.net/fpr)

**Park Phone** 407.246.2283

**Recreation Phone** 407.246.4461

Rentals Available



FOR MORE INFORMATION, VISIT:

**CITY OF ORLANDO.net**